

Marie-Rose Pippolini's book that you are holding in your hand is a book on healing written from the heart. However, the book talks about things that are out of the mainstream: healing yourself, subtle bodies, chakras, even astrological signs! Should you trust her ideas? Are these things she talks about scientific?

Have no fear unless you are of a strict materialist bend and like most allopathic doctors don't believe anything that is not physical. There is no need to be overly concerned about the scientific validity of the subtle body, chakras, and such because science is undergoing a paradigm shift from one based on the primacy of matter to one based on primacy of consciousness. The ideas of quantum physics are of major help for this paradigm shift.

Quantum physics says that objects are possibilities. To understand this in a paradox-free way we must posit that the quantum possibilities are the possibilities of consciousness which is the ground of all being. In this ground, not only do material possibilities exist but also possibilities of our subtle bodies that we experience privately: a vital energy body that we feel, a mental body that we think, and even a supramental archetypal body that we sometimes intuit.

Materialists like an allopathic doctor tend to undermine a nonmaterial consciousness or a subtle body because "they smack of dualism." The problem with dualism—positing nonmaterial dual bodies—they say, is the problem of interaction between the material and the nonmaterial. Such interactions require energy exchanging signals to mediate. But the energy of the physical world alone is always a constant signifying that the physical world never exchanges any energy with consciousness or any of its subtle bodies. So dualism is untanable.

But quantum physics has opened us to a new kind of interaction requiring no exchange of signals; it is called quantum nonlocality. So how do the subtle bodies and the material body work together and how does consciousness interact with them? Remember that both the material and the subtle bodies are possibilities of consciousness. Consciousness chooses from among the possibilities making simultaneous experiences of both the physical and the subtle. The choice and the resultant change of possibility into actual events of experience are nonlocal requiring no signals; and no dualism is involved.

You have to read and understand and rip the benefit of Marie-Rose's book in the context of this new science. Really, the new science does explain all those exotic concepts that Marie Rose talks about.

Let's walk you through one example, the chakras. As Marie-Rose's book tells you, the major chakras are places in your physical body. Notice that each of the chakras are situated near where your important body organs are. For example, near the stomach chakra (solar plexus chakra), not only there is the stomach but also other important digestive organs such as the liver, pancreas, and the gall bladder.

Now think about how the organs are made. There is the concept of morphogenesis; morpho means form, genesis means creation. Ask what is the mystery of morphogenesis, the creation of form? It is a deep mystery to materialist thinking because form making starts with the one celled embryo which then divides producing identical cells with identical genes. What makes

the genes of the liver cell make proteins suitable for liver function but genes of the brain suitable for brain function? Mystery is thickened when you realize that nonlocality is involved in morphogenesis; what a cell's genes are going to do depends on the knowledge of where the cell is in the body. But how does the cell know?

The great biologist Rupert Sheldrake proposed in 1981 in a book named *A New Science of Life* that there are nonphysical and nonlocal morphogenetic fields that guide the cells through morphogenesis.

Our new science explains things as follows. What ancient people called the vital body is the reservoir of these morphogenetic fields which are the blueprints of form that consciousness uses for making form to carry out a particular biological function. Before conscious actions, both the physical cellular structure and the morphogenetic fields remain as possibilities. When consciousness sees a match between the blueprint and the possible physical structures, it chooses and an organ is made to represent the biological function. Sheldrake calls this process morphic resonance.

What are chakras then? They are the places where consciousness simultaneously manifests (through choice) a physical organ and the corresponding morphogenetic blueprint of the vital. What you feel at the chakra is the movement of not the organ but the morphogenetic field associated with the making of the organ. Naturally we call this movement vital energy, prana in Sanskrit, and chi in Chinese.

You now can understand what Pippolini is trying to tell you about healing. You have a feeling. If you rightly interpret it, your mind and vital body are in synchrony and the physical body functions properly. But suppose you give wrong mental meaning to your feelings in an ongoing way, what then? Your actions create a vital energy block at the appropriate chakra. As a result the physical organ misses vitality and malfunctions.

So you can self-help yourself to healing by working on your chakras. Remember, quantum physics is the physics of possibilities. It is within your power to choose the healing possibility instead of the disease-causing possibilities that got chosen in the past. This is the major message of Marie-Rose's book.

Well, a scientist can explain things, but only a healer can heal. Marie-Rose does not have official medical degrees for healing, but she is a healer at heart. She speaks to you of healing remedies with love. I hope you will give her wisdom buds a fair chance to blossom in your life. I think it is a great book; it moves you and inspires you. It may heal you if you follow its advice.

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And the author of *The Quantum Doctor*.